



Little Muslims Daily Roadmap

📖 A gentle syllabus for ages 2-5

A simple, joyful plan that turns Islam into a daily habit — one small step every day. Built for tiny attention spans, packed with songs, play and repetition, and easy for busy parents to follow.



How to use this roadmap

Read this one minute first — it makes everything else work.

Think of learning like **watering a little seed 🌱 every day**. You are not trying to finish a book — you are building sweet habits your child will keep forever. Keep each moment **short, happy and repeated**, praise every try, and **let your child copy you**. You are the best teacher they will ever have. 💖



Keep it short

5–15 minutes is plenty. Two tiny sessions a day beats one long one. Stop while it's still fun.



Repeat, repeat, repeat

Little ones learn by hearing the same du'a and surah again and again. Repetition is not boring to them — it's comforting.



Sing & move

Turn du'as into little songs and clap along. Bodies that move remember better than bodies that sit still.



Be the model

They copy what you *do* more than what you say. Say "Bismillah" out loud, make wudu where they can watch.



Never force

If they're not in the mood, smile and try later. We want them to *love* Islam, not fear the lesson.



Praise every try

"MashaAllah! You said it!" A hug and a cheer are the best reward. Effort matters more than getting it perfect.



The Daily Rhythm — every single day

These little anchors happen at the same moments each day, so Islam becomes part of normal life.



AS WE WAKE UP

Good morning, Allah made a new day!

Stretch, smile, and thank Allah for waking us up. Open the curtains and say hello to the sky Allah made.

📖 "Alhamdulillah!" — All praise is for Allah



GREETING PEOPLE

The magic Salam

Teach them to greet family with a big smile. Make it a happy game — "Who can say Salam first?"

📖 "Assalamu alaikum" — Peace be upon you



BEFORE & AFTER EATING

Bismillah at every meal

Little hands folded, say Bismillah before the first bite. After eating, say thank you to Allah for the food.

📖 "Bismillah" → then after: "Alhamdulillah"



PRAYER TIMES

Watch & join Salah

Let them stand beside you on a little mat. Copy the bowing and sujood — even for a few seconds. This is their favourite part!

📖 "Allahu Akbar" — Allah is the Greatest



LEARNING SESSION (DAY THEME)

Today's little lesson

One short activity from today's weekly theme below — a surah, a du'a, a story or a craft. Just 10 minutes.

📖 See "The Weekly Plan" for today's theme



BEDTIME

Cosy du'a & the three little surahs

Cuddle up and recite Al-Ikhlās, Al-Falaq and An-Nas softly. Whisper "Allah is watching over you" and the sleep du'a.

📖 "Bismika Allahumma amutu wa ahya"



The Weekly Plan — a theme for each day

Same seven themes every week. Repeating the pattern is exactly what helps it stick. ↻



Monday

Allah — my Creator



Tuesday

Qur'an day

- "Who made the sun, the trees, ME?" → **Allah!**
- Allah is **One**, and Allah **loves us**.
- Point to things Allah made outside ☁
- Recite Surah Al-Ikhlās (Allah is One)

☐ Goal: My Lord is Allah.

- Kiss the Qur'an, hold it with clean hands.
- Practise one short surah (echo after you).
- Learn 1–2 Arabic letters & their sounds.
- Listen to beautiful recitation together 🎧

☐ Goal: The Qur'an is Allah's book.

☐ Wednesday

Du'a day

- Learn or revise one daily du'a.
- Act it out — pretend to eat, sleep, sneeze!
- Du'a is "talking to Allah" — He always hears.
- Make a happy du'a for family together.

☐ Goal: I can talk to Allah any time.

☐ Thursday

Our Prophet ☐

- Our Prophet is **Muhammad** ☐.
- Send salawat: "Allahumma salli 'ala Muhammad."
- A tiny story: he was kind, honest & gentle.
- "Be kind like the Prophet ☐" challenge ☐

☐ Goal: I love the Prophet Muhammad ☐.

🕌 Friday

Jumu'ah — our special day

- Wash up & wear our nicest clothes ☐
- Friday is a happy, blessed day for Muslims.
- Give something / share a treat (little charity).
- Extra salawat & a family du'a.

☐ Goal: Friday is a joyful day.

☐ Saturday

Good manners (Akhlaq)

- One manner: sharing, saying sorry, being gentle.
- "Please", "Thank you", "JazakAllah khair".
- Help mum/dad with one small job ☐
- Be kind to animals & little ones.

☐ Goal: A good Muslim has a kind heart.

☐ Sunday

Play & review

- Sing all the du'as we learned this week 🎵
- Islamic craft: moon, star, masjid, lantern.
- Play "I spy" for things Allah created.
- Celebrate the week — stickers & cuddles! 🤗

📌 Goal: Learning about Allah is FUN.



Growing Levels — the roadmap over time

Move up a level only when your child is ready and happy — not by exact age. Every child grows at their own pace. 🌱



Level 1 · Little Seed

Around 2-3 years · First words & first habits

📌 FIRST WORDS

- Allah
- Bismillah
- Alhamdulillah
- Salam

📖 QUR'AN

- Listen & echo Al-Fatihah
- Listen to Al-Ikhlās
- Love holding the Qur'an

📌 DU'AS

- Before eating
- After eating
- Before sleep
- Waking up

💖 KNOW & DO

- Allah made everything
- Say Salam
- Share & say sorry
- Point out the masjid 🕌



Level 2 · Growing Sprout

Around 3-4 years · Building blocks

🧩 THE 5 I KNOW

- My Lord is Allah
- My religion is Islam

📖 QUR'AN

- Recite Al-Fatihah
- Al-Ikhlās

📌 MORE DU'AS

- Entering / leaving the toilet

- My Prophet is Muhammad ﷺ
- My book is the Qur'an
- My qiblah is the Ka'bah

- An-Nas & Al-Falaq
- Arabic letters Alif-Ya (sounds)

- Before wudu
- Leaving the house
- When someone sneezes

WORSHIP

- Names of the 5 Pillars
- Join the prayer movements
- Stand in the row with dad/mum



Level 3 · Blooming Flower

Around 4–5 years · Growing strong

QUR'AN

- Add Al-Kawthar, Al-Asr
- Al-Fil, Al-Ma'un, Al-Kafirun
- Reading letters together

BELIEF (IMAN)

- The 6 Pillars of Iman (simple)
- A few of Allah's names: Ar-Rahman, Ar-Raheem, Al-Khaliq

WORSHIP

- Wudu steps in order
- Names of the 5 daily prayers
- What Ramadan, Eid & Hajj are

PROPHETS & MANNERS

- Names of some Prophets: Adam, Nuh, Ibrahim, Musa, Isa, Muhammad ﷺ
- Gratitude, patience, honesty



Parent cheat sheets

Everything you need in one place — recite these *with* your child and let them echo you.

📖 Everyday little du'as

🌅 When we wake up

**Alhamdulillahil-ladhi ahyana
ba'da ma amatana wa ilayhin-
nushur**

"Praise Allah who gave us life after taking it, and to Him we return."

🍏 Before eating

Bismillah

"In the name of Allah."

📖 After eating

**Alhamdulillahil-ladhi at'amana
wa saqana wa ja'alana muslimin**

"Praise Allah who fed us, gave us drink, and made us Muslims."

📖 Before sleep

**Bismika Allahumma amutu wa
ahya**

"In Your name, O Allah, I die and I live."

🏠 Leaving the house

Bismillah, tawakkaltu 'alallah

"In the name of Allah, I put my trust in Allah."

🚽 Entering the toilet

**Allahumma inni a'udhu bika
minal-khubuthi wal-khaba'ith**

"O Allah, I seek refuge in You from all evil."

🚽 Leaving the toilet

Ghufranak

"I seek Your forgiveness."

📖 When we sneeze

Alhamdulillah

Others reply: "Yarhamukallah" (May Allah have mercy on you).

📖 Short surahs to learn (in order)

1

Al-Fatihah · The Opening — in every prayer

112

Al-Ikhlās · Allah is One (4 verses)

113

Al-Falaq · Seeking Allah's protection (5 verses)

114

An-Nas · Seeking Allah's protection (6 verses)

108

Al-Kawthar · The shortest surah (3 verses)

103

Al-'Asr · By time (3 verses)

110

An-Nasr · The help of Allah (3 verses)

105

Al-Fil · The elephant story (5 verses)

💡 **Tip:** Learn one surah over 2–3 weeks. Play it on repeat in the car and at bedtime — they'll surprise you by joining in!

The heart of it all — what my child should know

Say these together like a happy little call-and-answer game.



MY LORD IS
Allah



MY RELIGION IS
Islam



MY PROPHET IS
Muhammad



MY BOOK IS
The Qur'an



MY QIBLAH IS
The Ka'bah

The 5 Pillars of Islam

 **Shahada — believing**

 **Salah — prayer**

 **Zakat — giving**

 **Sawm — fasting**

 **Hajj — pilgrimage**

The 6 Pillars of Iman (belief)

 **Allah**

 **His Angels**

 **His Books**

 **His Messengers**

 **The Last Day**

 **Allah's Plan (Qadr)**

Beautiful manners to grow (Akhlaq)

Pick one each week and cheer every time you catch them doing it. 

 **Say Salam**

 **Say please & thank you**

 **JazakAllah khair**

 **Share nicely**

 **Be gentle & soft**

 **Say sorry**

 **Listen to mum & dad**

 **Be kind to animals**

 **Stay clean & tidy**

 **Say Bismillah**

 **Be thankful**

 **Help others**



Fun activities that keep them hooked

Little ones learn through play — mix these into the daily learning session.



Du'a songs

Sing du'as to a tune they know. Music makes words stick like glue.



Pretend Salah

Give them a mini prayer mat and let them copy the movements beside you.



Craft time

Make paper moons, stars, masjids and Ramadan lanterns to hang up.



Letter hunt

Spot the Arabic letter of the day around the house or in colouring pages.



Story cuddles

Read one tiny Prophet story at bedtime — keep it short and warm.



"Allah made it"

On walks, point at trees, bugs and clouds: "Who made this? Allah!"



Sticker chart

A sticker for each du'a or good manner. Small rewards, big smiles.



Act it out

Role-play saying Salam, sharing toys, helping a friend who is sad.

Weekly habit tracker — print & tick



together

Let your child colour in a star ☆ each time. Ticking it together is half the fun!

Daily habit	Mon	Tue	Wed	Thu	Fri	Sat	Sun
🕌 Waking-up du'a	☆	☆	☆	☆	☆	☆	☆
🕌 Said Salam	☆	☆	☆	☆	☆	☆	☆
🍏 Bismillah & Alhamdulillah at meals	☆	☆	☆	☆	☆	☆	☆
🕌 Joined Salah with parent	☆	☆	☆	☆	☆	☆	☆
📖 Learning session (day theme)	☆	☆	☆	☆	☆	☆	☆
🌙 Bedtime surahs & sleep du'a	☆	☆	☆	☆	☆	☆	☆
🕌 One good manner	☆	☆	☆	☆	☆	☆	☆

🕌 "And your Lord is going to give you, and you will be satisfied." 🕌

Every tiny seed of goodness you plant today, inshaAllah, will grow. Be patient, be gentle, and enjoy the journey together. ♥

🖨️ **Tip: Print this page (or just the tracker) and stick it on the fridge!**

Little Muslims Daily Roadmap · A gentle starter syllabus for ages 2-5.

Adapt it freely to your family and always seek knowledge from trusted scholars and teachers as your child grows.